

**Colorado Association for Play
Therapy
25th Annual Conference
February 22nd & 23rd 2019**

8:00am – 4:30pm each day

Denver, Colorado



Location:

**Conference Center at Denver First Church of the
Nazarene
3800 E. Hampden Ave.
Englewood, CO 80113**

Keynote:

Terry Kottman, Ph.D., NCC, RPT-S, LMHC

Presents:

Adlerian Play Therapy



Terry Kottman, Ph.D., NCC, RPT-S, LMHC, founded The Encouragement Zone, where she provides play therapy training and Aplayshops@ for women. Terry developed Adlerian play therapy, an approach to working with children, families, and adults that combines the ideas and techniques of Individual Psychology and play therapy. She regularly presents workshops and writes about play therapy and about the importance of play therapists understanding videogames. She is the author of *Play Therapy: Basics and Beyond*, co-author (with Kristin Meany-Walen) of *Partners in Play: An Adlerian Approach to Play Therapy* and *Doing Play Therapy: From Building the Relationship to Facilitating Change*, and several other books. In 2014, she won the Lifetime Achievement Award from the Association for Play Therapy, and in 2017, she won a Lifetime Achievement Award from the Iowa Association for Play Therapy.

Friday February 22nd Workshop Options:

Morning Session Choices: F-1, F-2, F-3, F-4 & F-5

F-1: Inspire and Connect: Creating your Play Therapy Supervisory Experience - Kathryn Raley, LPC, ACS, RPT-S, 3 hrs – **Advanced**, Focus of information covered: **Professional Proficiency/Supervision/Instruction**
Abstract: Ready to supervise? Adding that S to your RPT can seem daunting. And, supervising play therapists requires new ways to mentor, and support. This presentation strives to identify personal supervisor style, developmental stages of supervisees, and the process of becoming an RPT-S. Content includes practical dyads, and experiential technique.

F-2: The Wonders of Play Therapy: The Journey of Creating CAPT and the Belief in Play Therapy as a Healing Agent – Founders of CAPT: John B. Morse, Ph.D, LMFT, RPT/S, Jane L. Johnson, LCSW, RPT-S, Byron Norton, Ed.D., LP, RPT-S, EPT/D and Carol Norton, EdD, LP, RPT-S, EPT/D, Nancy McGeown MA, LPC, RPT 3 hrs - **Beginner/ Intermediate/ Advanced**, Focus of information covered: **Discussion Group**
Abstract: This discussion group will focus on the history of CAPT through a lively interview with the CAPT Founders and Past Presidents. They will take you on a journey through the past, present and future by discussing the challenges of bringing Play Therapy to Colorado, how they managed to create CAPT and their hopes for the future in an ever- changing world. There will be time for Q&A from the audience.

F-3: What is Behind the Magic? How Play Therapy Really Works - Lisa Dion, LPC, RPT-S, 3 hrs - **Beginner**, Focus of information covered: **Theoretical**
Abstract: You know that play therapy works, but do you really know how it works and what is happening in children's minds and biology leading to their transformation and healing? Come explore the "How" behind the magic of play therapy.

F-4: Connect, Build, and Grow! Combining Group Work, Play Therapy and Lego Building to Promote Emotional Development and Social Competence in Children Ages 6-11. (An Overview of the Skillful Builders Approach) -

Meredith Hammond, MA, LPC, RPT & Stephanie Heitkemper, MA, MFT-C, 3 hrs- **Intermediate**, Focus of information covered: **Technical/Clinical, Special Populations**

Abstract: Discover how building Legos can also build social-emotional well-being! This interactive workshop focuses on the use of Lego-based therapeutic interventions for addressing social skills and behavioral impairments in individual, family, and group therapy settings. Participants will learn about the "Skillful Builders" model and will explore the benefits of group play therapy to better understand play behaviors and improve social and behavioral well-being. Participants will also learn therapeutic techniques for implementing Lego-based play into individual and family therapy sessions.

F-5: What's the buzz? A Play Therapist's Guide to Understanding the 8 Senses and Common Sensory Processing Challenges - Erin Bennetts, LCSW, RPT & Heidi Stewart, M.Ed., OTR/L, 3 hrs – **Beg/Int/Adv**, Focus of information covered: **Professional Proficiency/Supervision/Instruction, Technical/Clinical**

Abstract: Increasing numbers of children are referred to play therapy either having been identified with or struggling with behaviors that may indicate Sensory Processing Disorders. Join us to deepen your understanding of the 8 senses, sensory processing processes, recognition of sensory processing challenges, and support sensory integration in the playroom.

Lunch Choice: Members Lunch

Friday Members Lunch (12:00 – 1:15pm): Enjoy Lunch on site with fellow CAPT members – APT / CAPT Members Only, **Lunch provided**, Focus of the luncheon: **Recognizing members, connecting and networking with our CAPT community, while listening to a live children's honors orchestra.**

If you have any questions or need further assistance please contact us at coloradoapt@gmail.com or call 719.422.9410

Afternoon Session Choices: F-6, F-7, F-8, F-9, & F-10

F-6: Jedi Training: Reducing Fears and Increasing Skills of Supervisee's -

Kelly Miller, LCSW, RPT/S, 3 hrs -**Adv**, Focus of information covered:

Theoretical, Special Populations

Abstract: This workshop launches seasoned supervisors understanding of supervisee's professional development stages and how to maximize their play therapy abilities. We will explore how to recognize supervisee's perceived threats and fears in their play therapy experiences. Come discover how to work with supervisee's highest values to transcend their play therapy skills.

F-7: Adult Clients and Play Therapy: The Value and Practical How-To's to Help Heal the Wounded Inner Child -

Barbara Sheehan-Zeidler, MA, LPC, EMDR Consultant, 3 hrs - **Beginner/Int**, Focus of information covered: **Special Populations**

Special Populations

Abstract: Play is natural, creative, revealing, and healing...even for adults! In this hands-on workshop, explore benefits of play therapy for adults, identify specific therapist traits for impactful adult play therapy, describe special considerations when working with traumatized adults, and participate in 3 types of play therapy (sandplay, roleplay, client-centered play).

F-8: Swashbuckling Five Big Emotions: Play Therapy for Emotional

Expression in Children - Patrick Cleveland, PhD, RPT-S, LMFT, LPC, Licensed School Counselor, 3 hrs - **Beginner/Int/Adv**, Focus of information covered:

Technical/Clinical

Abstract: Workshop for School Counselors and Play Therapists. Children do not always have the words to express complicated emotional states. This presentation will provide you with novel ideas to expand the emotional language of children. Attendees will explore new modalities for tapping into emotional states, develop techniques for accessing traumatic experiences and personally experience semi-directive sand tray therapy.

F-9: Integrating Yoga, Mindfulness & Meditation in a Play Therapy Context -

Tina Lackner, BACYC, MSc, RP (CPT) (RCYT) (RYT300), 3 hrs- **Int.**, Focus of

Information Covered: **Technical/Clinical**

Abstract: Participants will gain an understanding of how to utilize yoga, mindfulness and meditation within a play therapy context. Participants will engage in the process of leading fun, safe and therapeutic yoga, mindfulness and play therapy sessions. Participants will leave the workshop with activities, games, and breathing exercises, relaxation techniques and resources that can be used in a variety of academic and therapeutic settings. Participants will become aware of self care practices, as well as, how to involve family members in the play therapy process of yoga, meditation and mindfulness.

F-10: Play Therapy with Transgender and Gender Expansive Children -

Jennifer Shivey, MA, LPC, RPT-S and Christa Grauert, MA, LPCC, 3 hrs -

Beg/Int, Focus of information covered: **Special Populations**

Abstract: Is Play Therapy with a child who identifies as gender expansive or transgender any different than Play Therapy with a cisgender child? No. But, there are some additional layers of knowledge you should have when working with this population. This workshop is for providers who want to expand their knowledge of working with the younger LGBTQ+ community as well as their families.

Evening Special Event Choice: CAPT's 25th Birthday Bash

Friday Night (6:00 pm): CAPT's 25th Birthday Bash! - Everyone is invited, **hors d'oeuvres and refreshments provided**, Focus of the Birthday Bash: **Celebrating the 25 years of CAPT with everyone! Silent auction, music and socializing with our amazing CAPT community.**

If you have any questions or need further assistance please contact us at coloradoapt@gmail.com or call 719.422.9410

Conference Schedule:

Friday, 2/22/19

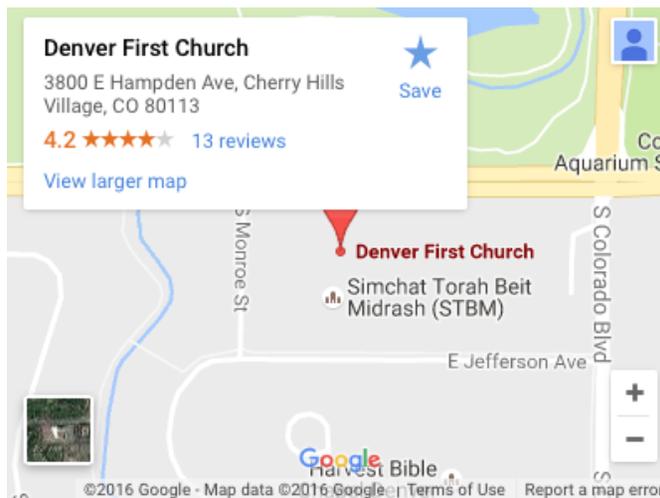
8:00 am – 8:30 am Registration
8:30 am – 12:00 pm Conference Sectionals
12:00 pm – 1:15 pm Members Lunch /Lunch on your own
1:15 pm – 4:30 pm Conference Sectionals
4:30 pm – 5:00 pm Members Meeting
6:00 pm – 8:30 pm 25th CAPT Birthday Bash

Saturday, 2/23/19

8:00 am – 8:30 am Registration
8:30 am – 12:00 pm Keynote Presentation
12:00 pm – 1:15 pm Lunch on your own
1:15 pm – 4:30 pm Keynote Presentation

Location:

**Conference Center at Denver First Church of the Nazarene
3800 E. Hampden Ave.
Englewood, CO, 80113**



APT Approved Provider 99-049

Additional Information

CAPT is a chartered branch of the Association for Play Therapy. The Colorado Association for Play Therapy is approved by the Association for Play Therapy to offer Continuing Education specific to play therapy. CAPT's provider number is 99-049. CAPT maintains responsibility for this program.

Continuing Education Credit Available: 12.0 contact hours
Must be present to receive full credit.

No audio or videotaping is permitted.

If your agency is paying for your registration, please allow extra time for agency administration to process and mail your registration by the deadline. Please confirm with your office that your registration was sent to us.

Handicapped parking and access is available.

If you have any questions or need further assistance please contact us at coloradoapt@gmail.com or call 719.422.9410



APT Approved Provider 99-049

REGISTRATION

Registrant Name

Degree/License/Student (indicate University/Program)

Address

City, State, Zip Code

Preferred Phone Number

Email Address (for confirmation)

APT offers an annual membership, renewable every 12 months, and honors a dual membership system, which ensures all individuals living within a chartered branch territory are members of both APT and their respective branches.

Join APT and the Colorado branch (CAPT) by going to
<http://www.a4pt.org/?page=Membership>

I attest that I am joining APT, and thereby joining CAPT before I register for the conference to take advantage of membership prices. I understand that it will take several days for my membership to be processed before I can register for the conference online.

***Must be a member before 2/07/19 to receive member rate**

If you have any questions or need further assistance please contact us at coloradoapt@gmail.com or call 719.422.9410

Spring Training Pricing

<u>One Day</u>	Early before 2/07/19	Late by 2/21/19
Members	\$175.00	\$200.00
Non member	\$225.00	\$250.00
Student Member	\$100.00	\$125.00
Student Non member	\$125.00	\$150.00
<u>Two Day</u>	Early before 2/07/19	Late by 2/21/19
Members	\$300.00	\$350.00
Non member	\$375.00	\$425.00
Student Member	\$150.00	\$175.00
Student Non member	\$175.00	\$200.00

***E-members are not eligible for member rates**

***There are no refunds or credit given on any registration**

***No credit card payments accepted onsite (cash or check only)**

Payment Options:

1. Online Credit Card Payment (***Preferred Method***)
Go to our website at www.coloradoapt.org
Click on Upcoming Events and follow the registration and payment instructions.
2. Mail in Payment via Check (make payable to CAPT):

CAPT Attn: Elizabeth Konrath
3333 Iris Ave, Suite 104, Boulder, CO 80304

*Please mail check and registration by **2/07/19**
\$ _____ (indicate amount)

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